

Approved Snack List

Below is a list of some suggested snacks that parents may bring for classroom celebrations and school parties:

Fresh Fruit	Special K Red Berry Bars
Frozen Yogurt	Quaker Rice Crisps
Baked Cheetos	Oven Baked Potato Chips (Frito Lay)
Raisins	Wheat Thin (Nabisco)

Additional items that may be purchased from your school cafeteria:

Reduced Sugar and Fat Cup Cakes (Whole Grain)

Iced Cookies (Whole Grain) Low Fat and Sugar

Assortment of Low Fat and Reduced Sugar Ice Cream:

- Sandwiches,
- Pushups,
- Ice Cream Cups and Bars

Individually packaged items:

- Cheez It Whole Grain
- Munchies Cheddar Cheese Cracker (reduced fat) .9 oz.
- Munchies, Kid Mix WGR .9 oz.
- Scooby Doo Cookies 1 oz.
- Smartfood White Cheddar Popcorn
- Bug Bites 1 oz
- Skeeter Grahams Cinn. 1 oz.
- Rice Krispies Snack Bar Whole Grain 1.41 oz.
- Cheez It Atomic Flavor .75 oz.

Suffolk Public Schools shall adopt the following nutritional standards for all foods and beverages provided to students on campus during the school day as (i) a school party and (ii) a classroom celebration (excluding food preparation as a part of the instructional curriculum, foods prepared as a part of the instructional curriculum shall not be sold):

- (i) All food and beverages must meet the standards set forth in section (e) above.
- (ii) In addition, only prepackaged foods with nutritional labeling may be brought to school for student consumption. Home prepared foods are not permitted or sold to students during the school day.

- (iii) The District will provide to parents information on safe and healthy foods that are acceptable for special events (i.e. classroom parties).